

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Frik Beeslaar**

Has successfully participated & completed the  
**65km Long Race Cowhouse Winter MTB Race Sponsored by  
Bruce Reyneke Cycles**  
held at Cowhouse Market.

**TIME 02:43:38**

**PACE 23.83km/h**  
**OVERALL 42 of 144**

**GENDER 41 of 124**  
**VETERAN 12 of 47**

13 July 2019, Sat

Date



*BoutTime*

Signature

